

Lesson Plan KS1



P.E. - Giraffe's *can* dance

Lesson Objective: **To move around emulating the different physical characteristics of a variety of animals. To create a group or class dance.**

Starter	Main Teaching	Resources
Read or recap the book <i>Giraffe's can't dance</i>. Ask the children to spread out and move around the room as if they are a hippopotamus, a monkey, a tiger, a giraffe etc.	<u>Activity 1 - Strike a Pose</u> Allocate animals to particular children or give a free choice. Help the children to think how they will look, what starting pose might they take to show what animal they are. Play a music clip and let the children move around in time to the music. Choose another style of music and repeat the exercise. <u>Activity 2 - Can You Guess?</u> Let the children demonstrate to each other, either as a group or individually. Can you guess which animal they are trying to be? <u>Activity 3 - Mix it up</u> Experiment with swapping characters and different styles of music. Do the children have a favourite? <u>Activity 4 - Performing Your Dance</u> Take the most popular styles and make up a sequence that all the children can take part in together. Link the music together, if more than one style is chosen—maybe a different piece to represent each animal. Find an occasion to perform the whole dance to others.	The book by Giles Andreae and Guy Parker-Rees, <i>Giraffe's can't dance</i>. A selection of music clips, covering as many styles as possible. Linked to P.H.S.E. Lesson Plan